



JULY 2023 | VOLUME 125 ISSUE 69

# PCCM MONTHLY NEWSLETTER

Prashanti Cancer Care Mission's Newsletter



## WHAT'S IN THIS LATEST ISSUE?

BreastGlobal Masterclass "From Planning to Complication Management: A Masterclass on Oncoplastic Techniques in Breast Cancer Management" was held on 30th June 2023

Dr. Koppiker conducted a Surgery Observership Programme on 'Fluorescence Guided: Breast Surgery: Principles and Practices' in association with Stryker.

Ms. Laleh Busheri presented a poster at the Multinational Association of Supportive Care in Cancer (MASCC) Meeting in Nara, Japan

Dr. Koppiker was invited as Guest of Honour for the Inaugural Event of 'Centre for Psycho-Oncology'

Faculty from Texas School of Mental Health & Rising India Research Foundation visited Dr. Koppiker and Ms. Busheri

Article on 'Improving breast cancer outcomes in India: comprehensive clinical, surgical and translational research with a focus on triple negative breast cancers by Ms. Busheri was published in Bloom magazine.

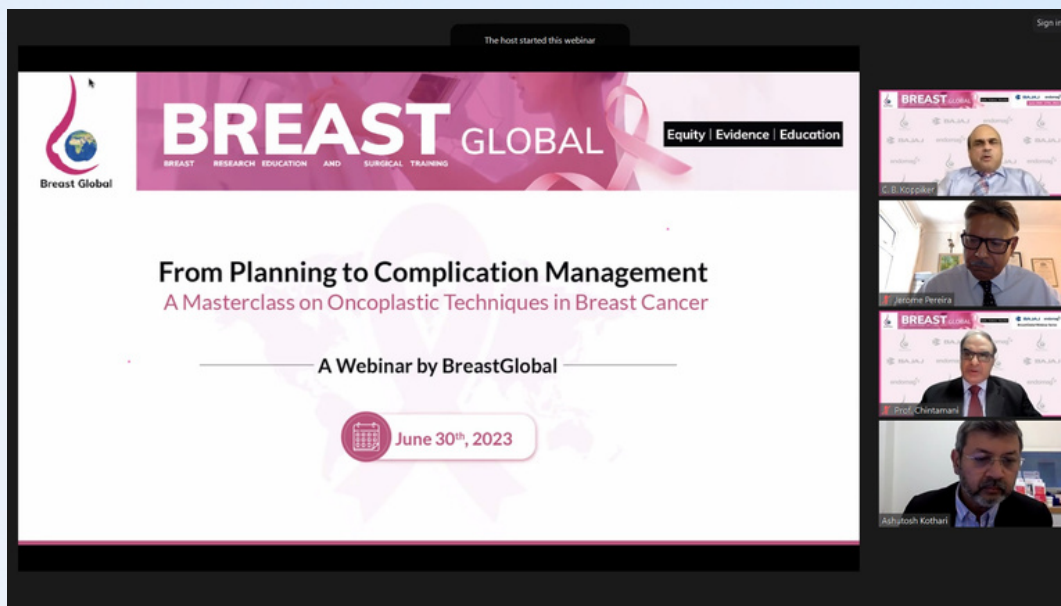
## ABOUT PCCM NEWSLETTER

PCCM Newsletter is our way of connecting with our patients and supporters. With the Newsletter we bring to you the latest updates of our activities at PCCM. Along with our continued efforts for the provision of state-of-the-art integrative care for our patients through Orchids Breast Health Care, we include updates from the research arm at PCCM, Centre for Translational Cancer Research (CTCR). CTCR an initiative between PCCM and IISER Pune is working towards addressing breast cancer research questions relevant to our society, as well as our capacity building initiatives International School of Oncoplasty in collaboration with University of East Anglia, UK and online learning platform BreastGlobal. Your support and encouragement is what keeps us going, be a part of our journey with the newsletter.

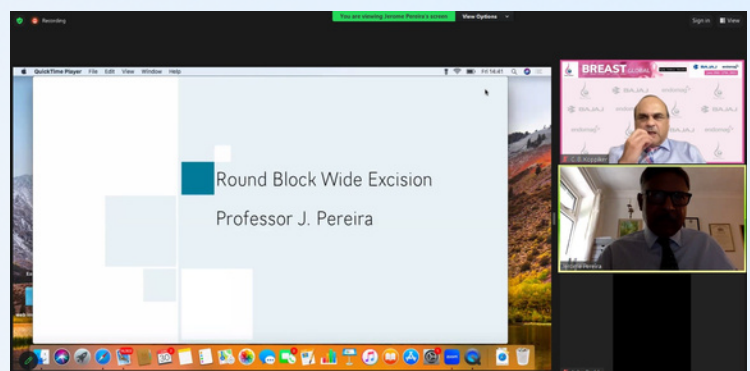
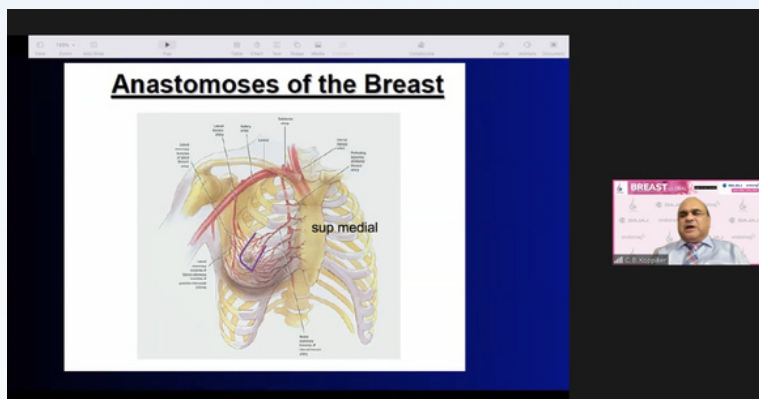


**BreastGlobal Masterclass "From Planning to Complication Management: A Masterclass on Oncoplastic Techniques in Breast Cancer Management" was held on 30th June 2023**

BreastGlobal Masterclass "From Planning to Complication Management: A Masterclass on Oncoplastic Techniques in Breast Cancer Management" was held on 30th June 2023



With over 500 registrations, the session was highly interactive, with engaging discussions and valuable insights. Professor Jerome Pereira presented compelling cases using level-1 techniques, setting the stage for my introduction of level-2 oncoplasty. Dr. Koppiker showcased few cases where therapeutic mammoplasty was used, highlighting the seamless integration of aesthetic outcomes and oncological safety.



## Dr. Koppiker conducted a Surgery Observership Programme on 'Fluorescence Guided: Breast Surgery: Principles and Practices' in association with Stryker.

Dr. Koppiker conducted a Surgery Observership Programme on 'Fluorescence Guided: Breast Surgery: Principles and Practices' in association with Stryker. The two day workshop focused on demonstration of breast oncologic surgeries, management of complications and interactive live surgery sessions.


stryker


Surgery Observership Programme on

### Fluorescence Guided Breast Surgery: Principles and Practices


with

**Dr. Chaitanyanand B Koppiker**






8th & 9th June, 2023




09:00 AM onwards



Orchids Breast Health Clinic & Jehangir Hospital, Pune

This is a scientific session involving educational exchange of information, strictly restricted to HCPs only. By attending the event, the participant confirms that his/her participation is in compliance with applicable professional codes/including permission if any, required from his/her employer.



**Address:**  
Vatika Business Park, 2nd Floor,  
Block One, Sector - 49, Sohna Road  
Gurgaon, Haryana 122002 India

stryker



**Dr. Chaitanyanand B Koppiker**  
Orchids Breast Health Clinic &  
HOD Breast Care Centre Team, Jehangir Hospital,  
Pune, Maharashtra

Dr. Chaitanyanand B Koppiker is a renowned breast surgeon and one of the pioneers of Breast Oncoplasty in India. Trained by the founding fathers of Breast Oncoplasty, he has an extensive experience of over two decades in conducting Oncoplastic Breast Surgeries. He is an expert in various advanced techniques in Oncoplastic Breast Surgery - prominent ones being Mastectomy with Immediate Reconstruction, Therapeutic Mammoplasty, Vacuum Assisted Biopsy procedures and Sentinel Node Management. Dr. Koppiker is the Medical Director of Pune's only comprehensive centre of Breast Health - Orchids Breast Health Clinic & HOD Breast Care Centre Team, Jehangir Hospital, Pune, Maharashtra

**Course Objectives**

- Demonstration of Breast Oncoplastic surgeries
- Gain knowledge to prevent, diagnose and manage complications
- Interactive live surgery sessions

**Day 1** 08 June, 2023


Time	Topic
09.15 am - 09.30 am	Participants registration & welcome address by Faculty
09.30 am - 10.00 am	Pre operative discussion-Oncoplastic surgery and sentinel node biopsy using the ICG and Blue dye
10.00 am - 11.00 am	Live Surgery- 1
11.00 am - 11.30 am	Tea break
11.30 am - 12.30 pm	Live Surgery-2
12.30 pm - 01.00 pm	Post op discussion
01.00 pm - 02.00 pm	Lunch
02.00 pm - 05.00 pm	Didactic sessions Breast Cancer: An Overview Changing landscape in surgery of the breast Surgical anatomy of breast related to oncoplastic surgeon

**Day 2** 09 June, 2023

Time	Topic
08.00 am - 10.00 am	Pre operative discussion-Oncoplastic surgery and sentinel node biopsy using the ICG and Blue dye - Genetics and Oncoplastic Surgery - Patient counselling session
10.00 am - 11.00 am	Live Surgery - 3
11.00 am - 11.30 am	Tea break
11.30 am - 12.30 pm	Live Surgery - 4
12.30 pm - 1.30 pm	Post op discussion - Didactic Sessions - Axillary lymph node resection & reverse axillary mapping - Risk mitigation - Flap designing, prevention of Flap necrosis
01.30 pm - 02.00 pm	Lunch
02.00 pm - 04.00 pm	Video master class & Didactic session Looking beyond cure Management of Breast Cancer Sentinel node biopsy techniques Old and new SLN Mapping: Agents & comparative analysis ODA session
04.00 pm - 04.15 pm	Certificate distribution and Closing Remarks by Faculty



Ms. Laleh Busheri presented a poster at the Multinational Association of Supportive Care in Cancer (MASCC) Meeting in Nara, Japan



### SETTING UP OF A COMPLEMENTARY ONCO-PSYCHOLOGY COUNSELLING FOR BREAST CANCER PATIENTS AT A SINGLE SURGEON UNIT IN INDIA

Divya Manghwani<sup>1</sup>, Sneha Joshi<sup>1</sup>, Rupa Mishra<sup>1</sup>, Anjali Joshi<sup>1</sup>, Jisha John<sup>1</sup>, George Thomas<sup>1</sup>, **Laleh Busheri<sup>1,2</sup>**, Chaitanyanand Koppiker<sup>1,3</sup>

1. Prashanti Cancer Care Mission, 2. Orchids Breast Health Centre, a PCCM initiative, Pune, India, 3. Centre for Translational Cancer Research, A Joint Initiative of Indian Institute of Science Education and Research (IISER) Pune and Prashanti Cancer Care Mission (PCCM) Pune, India

## INTRODUCTION

Breast cancer incidence in India is on a steady rise, where it is currently the most common female cancer (2). India also brings in the statistics of most breast cancers being detected at a late stage, with approximately 50% presenting as locally advanced at diagnosis. One main contributing factor to the failure of early detection could be the taboo associated with the organ, aggravated by other factors like lack of education and low socio-economic status causing further delays in treatment. The disease also brings with it myriads of psychological issues including cancer diagnosis, fear of recurrence, body image etc. These fears sometimes even result in a lack of compliance to the treatment (1). Here we outline the process for setting up of the onco-psychology counselling clinic for breast cancer patients at a single surgeon multidisciplinary breast health unit and research centre. As a part of our multi-pronged approach towards breast cancer management, we have set-up one of its kind onco-psychology counselling at our centre. This set-up will help us understand the psychological needs of breast cancer patients as well as fulfil our objective to improve the mental health literacy in the patient community. Additionally, the data collected will prove to be a valuable resource to formulate comprehensive follow-up algorithms which include evaluation of the quality of life (QoL) and addressing psychological issues.

### METHODOLOGY

The process of data collection was divided into 2 parts, setting up of psycho-oncology clinic and a preparatory step

**01 Workflow: Setting up of Onco-psychology clinic**

- Onboarding of Board-certified psychologist**  
To help us understand the psychological needs of breast cancer patients as well as fulfil our objective to improve the mental health literacy in the patient community
- Patients are given psycho-education**  
Breast cancer patients with ongoing treatment or annual follow up visiting our unit are given pre-counselling and made aware about the Onco-psychology services that are offered.
- Pre-counselling Survey**  
Patients are asked to fill the form prior to the session for mental health analysis. Their consent is taken to use their data for project
- Data Collection**  
Collection of anthropometric, clinico-social, and psychological data by the onco-psychologist.
- Counselling session: In-person or via virtual platforms**  
Patients are briefed about confidentiality before session starts (online/in-person)
- Feedback**  
Session is followed up by taking their feedback and a follow up is done after 15 days

**02 PREPARATORY STEP: RESEARCH**

Along with the workflow, as part of the preparatory step, we present here preliminary data from the chemotherapy cohort for POST (Psyche-Oncology Screening Tool) Questionnaire. POCIT has 28 close-ended questions covering various symptoms related to emotional & physical distress, depressive symptoms, social problems etc.

### RESULTS

Percentage of symptoms cluster assessed are as follows:

Symptom Cluster	Percentage of Cohort
Appetite	75%
Sleep	65%
Energy	75.7%
Mood	63.2%
Counselling	78.3%
Supportive Help	75.6%

### SIGNIFICANCE

The study was carried out to understand various challenges that patients go through during their treatment and work towards it. Patients were assessed for several factors while in chemotherapy. Majority of the patients displayed concerns when it came to sleep, appetite, fatigue. Some of the patients reported distress. Several patients complained about experiencing irritability. Overall, it can be said that patients face a lot of challenges other than the physical problems while in the treatment. Additional support needs to be provided to them to cope with these issues. Moreover, majority of the patients wanted supportive help in the form of the counselling and support groups. Onco-psychology clinic was set up at our institute to aid the patients with the same. More awareness and supportive care needs to be delivered to the patients in all oncology departments.

### FUTURE DIRECTIVES

- Understanding barriers to psychological counselling
- Assessing the patient's mental well-being throughout different stages of the treatment.
- Understand how emotional support affects the patient's attitude towards the treatment.
- Assessing quality of life of the patient during and after the treatment.

## CONCLUSION

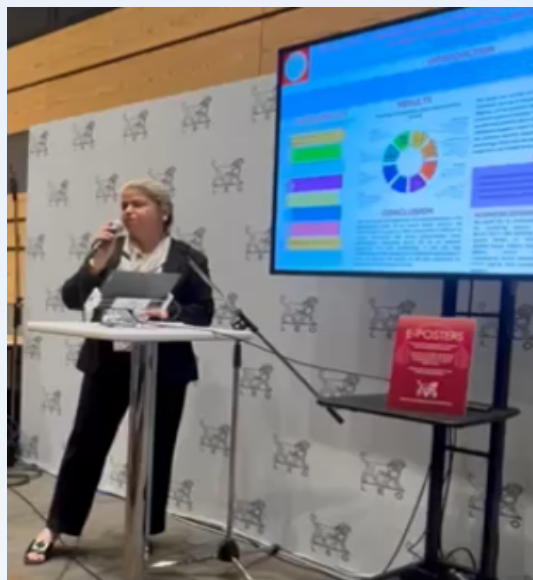
Here we outline the supportive care setup focussing on the psychological needs of our breast cancer patients. We envision that in a country where women find it difficult to express themselves, this breast cancer-related onco-psychology counselling set-up will be an essential supportive care tool. Additionally, it will also help understand psychotherapeutic and supportive approaches in order to increase the quality of life and compliance to treatment of breast cancer patients

### ACKNOWLEDGMENT

We would like to acknowledge the unstinting support of BAJAJ AUTO CSR (GC2528). A special thanks to PCCM-Orchids Breast Health Center (OBHC), Center for Translational Cancer Research (CTCR) and for their unending support.

### REFERENCES

- EP, P.A.H. (2001) Side effects of chemotherapy and combined chemohormonal therapy in women with early-stage breast cancer, *Journal of the National Cancer Institute*. Monographs. Available at: <https://pubmed.ncbi.nlm.nih.gov/11773307/> (Accessed: 13 May 2023).
- Mehrotra, R. and Yadav, K. (2022) 'Breast cancer in India: Present scenario and the challenges ahead', *World Journal of Clinical Oncology*, 13(3), pp. 209-218.



Ms. Laleh Busheri presented a poster at the Multinational Association of Supportive Care in Cancer (MASCC) Meeting 2023 in Nara, Japan.

The poster entitled 'Setting up of complementary onco-psychology counselling for breast cancer patients at a single surgeon unit in India' discussed the onco-psychology counselling setup at PCCM-CTCR.



The poster was very well received by the audience. The video of the poster presentation is accessible at the following link - MASCC 2023 Poster



## Dr. Koppiker was invited as Guest of Honour for the Inaugural Event of 'Centre for Psycho-Oncology'

Dr. Koppiker was invited as Guest of Honour for the Inaugural Event of 'Centre for Psycho-Oncology' started by Texas School of Mental Health & Rising India Research Foundation. This initiative of Independent Centre for Psycho-Oncology is the first of its kind initiative in the entire world. The centre is envisioned with the objective of improving the Quality of Life of the Persons Living with Cancer and their family members.





**Dr. Koppiker and Ms. Busheri invited the faculty from Texas School of Mental Health & Rising India Research Foundation for dinner**

Faculty from Texas School of Mental Health & Rising India Research Foundation visited Dr. Koppiker and Ms. Busheri and discussed the initiation of a collaborative Onco-psychology course. The course will be designed in a virtual format and include online lecture sessions as well as periodic examinations.





**Article on 'Improving breast cancer outcomes in India: comprehensive clinical, surgical and translational research with a focus on triple negative breast cancers by Ms. Busheri was published in Bloom magazine.**

Article on 'Improving breast cancer outcomes in India: comprehensive clinical, surgical and translational research with a focus on triple negative breast cancers by Ms. Busheri was published in Bloom magazine. The article discusses the cutting edge research ongoing at the centre with a focus on triple negative breast cancer.

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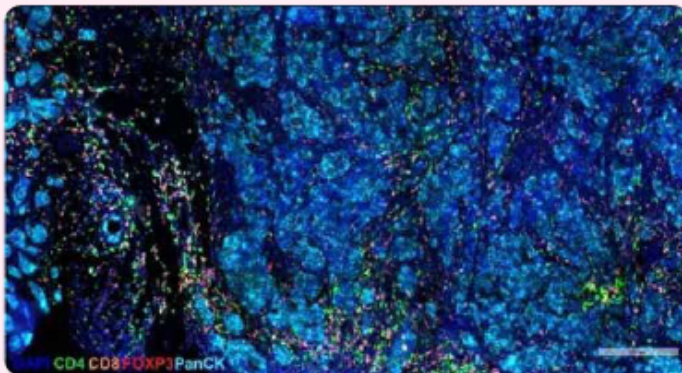
**Improving breast cancer outcomes in India: comprehensive clinical, surgical, and translational research with a focus on triple-negative breast cancers.**



Laleh Busheri

Laleh Busheri, CEO, Prashanti Cancer Care Mission  
Pune, India

Breast cancer is a complex disease with different molecular subtypes which respond differently to therapy and have varying prognoses. Triple-negative breast cancers (TNBCs) comprise approximately 20-30% of all breast cancer cases in India, which is high compared to Western populations where TNBCs account for only 10-15% of all breast cancer cases. TNBCs are also associated with poorer prognoses with high rates of recurrence and metastasis. Despite recent advances in breast cancer treatment, TNBC remains a significant clinical challenge and there is an urgent need for the development of new therapeutic strategies.



**The Centre for Translational Cancer Research's Breast Tissue Biobank and Utilizing State-of-the-Art Research Techniques:**

The Centre for Translational Cancer Research (CTCR) is the research arm of Prashanti Cancer Care Mission (PCCM) in Pune, India. CTCR is on the forefront of streamlining resources like clinical data and has established a breast tissue biobank with annotated data, the first of its kind in Pune city. The biobank currently holds more than 1500 patient tissue samples which have helped CTCR develop novel molecular markers for prognosis as well as treatment,

keeping long-term survival of the patients in mind. It is also working towards the identification of germline mutations that may be specific to the Indian population.

CTCR utilizes the biobank samples to perform state-of-the-art translational research. Its latest significant study examines the use of multiplex immunofluorescence (mIF) to specifically investigate the TNBC issue in the Indian context. mIF is a powerful tool for analyzing the expression of multiple markers simultaneously in tissue sections. mIF allows for identification of specific cell types and how they are distributed within the tumor microenvironment,

enabling a more detailed measurement of the immune response which is how the body protects itself against harmful components.

**Investigating the Immune Microenvironment of TNBCs in the Indian Context:**

CTCR is currently measuring the variation of immune cells that break into a tumor and determining their association with overall survival (OS) and breast cancer-specific survival. This is done by examining tissue from a group of patients already diagnosed with TNBC. The findings from this study can provide clinically useful prognostic information to identify sub-groups of patients with good or poor prognoses and guide treatment decisions in TNBC. This ongoing study will add to the growing body of evidence suggesting that the immune microenvironment plays a critical role in TNBC and that immune cell phenotypes or the immune cell's unique and visible characteristics and how it is distributed throughout the cell are important determinants of response to therapy and prognosis. CTCR's efforts have important clinical implications and highlight the potential of mIF as a tool for biomarker discovery and personalized medicine in TNBCs.



# The Research Training Program for Clinicians and Residents by CTCR-PCCM continued with the Good Data Practices Section

**Centre for Translational Cancer Research (CTCR)**  
A Joint Initiative by  
Indian Institute of Science Education and Research (IISER) Pune  
Prashanti Cancer Care Mission (PCCM)

**Research Training Program for Clinicians and Residents (RT-PCR)**

A Program by  
**Centre for Translational Cancer Research (CTCR): A Joint Initiative by IISER Pune & Prashanti Cancer Care Mission (PCCM)**

**RT-PCR Module-I**  
**Cell and Molecular Biology for Onco-Clinicians (CMBOC)**  
**Good Data Practices Lecture -XII 29th June 2023**

This module will cover crucial role of data management in clinical and translational oncology research. The section will provide attendees with essential knowledge and strategies to effectively handle and organize clinical and research data in the field of oncology

**Translating Genomics to Therapeutics**  
**29th June 2023**

The third lecture will focus on the translational potential of the genomics analysis. This session aims to provide insights into the processing, analysis, interpretation, and delivery of genomic knowledge at all stages after data generation, both within bioinformatic and clinical care pipelines. The impact of genomics on clinical practice will be discussed.

**You can still Register**  
Register now to access previous lectures on demand via [course google classroom](#) and join us live for the upcoming lectures.

**Course Started 5th Jan 2023**  
**Alternate Thursdays**  
**7:00 PM to 8:30 PM IST**

**CLICK HERE TO REGISTER**

Lecture I: 5th Jan 2023: Basics of Molecular Biology and Molecular Mechanisms Leading to Carcinogenesis  
Lecture II: 12th Jan 2023: Molecular Mechanisms of Cancer Drug Actions Leading to Translational Response  
Lecture III: 19th Feb 2023: Open discussion on concepts in Molecular Biology  
Lecture IV: 26th Feb 2023: Cellular and Molecular Basis of the Human Immune System  
Lecture V: 5th March 2023: Roles of the Immune system in Cancer Immunovigilance and Immunotherapy  
Lecture VI: 12th March 2023: Molecular understanding and clinical aspects of immunotherapy in cancer treatment  
Lecture VII: 19th April 2023: Primer on Genes, Mutations and Proteins  
Lecture VIII: 26th April 2023: DNA Repair Pathways: Mechanisms of Carcinogenesis to Therapeutic Implications  
Lecture IX: 3rd May 2023: Clinical Implications of Genomic Variants in Cancer  
Lecture X: 10th May 2023: The Data Management: From prescription to pipeline  
Lecture XI: 17th June 2023: Clinical data for translational research: cycle of create, collect, code  
Lecture XII: 24th June 2023 (1st meeting): Translating Genomics to Therapeutics

**About Module-I**  
**12-WEEK COURSE**  
**Cell and Molecular Biology for Onco-Clinicians (CMBOC)**

This module will act as an introductory course and will include all the essential aspects of molecular and cellular biology and its applications in cancer treatment. This 12-week module will enable the participants to understand cancer treatment from a molecular point of view. Broad understanding of molecular biology, immunology, cancer genetics and data handling will be covered.

- 12-week course
- Alternate Thursdays
- 7.00 PM to 8.30 PM IST
- Started 5th Jan 2023 but you can still register and get on-demand access to recorded lectures
- Fees: Registration is Free for Module 1

Target Participants: RT-PCR Initiative is aimed at practicing clinicians, surgeons as well as residents interested in understanding the biological basis of cancer and its therapeutic implications. The first module is however open to all. The recording of lectures and study material from Module 1 will be available to registered participants via course google classroom. Details for future modules will follow soon.

**About the Program**

CTCR is delighted to announce its Initiative: 'Research Training Program for Clinicians and Residents (RT-PCR)'. This program is uniquely designed to encourage clinicians to integrate scientific research in their clinical practice and understand the process of scientific enquiry. The program will consist of various virtual as well as hands-on modules encompassing basic biology, translational and clinical research framework, and also practical research experience for clinicians and residents.

**Module-I**  
**MOLECULAR BIOLOGY**  
**IMMUNOLOGY**  
**GENETICS**  
**GOOD DATA PRACTICES**

**CLICK HERE TO REGISTER**

<http://ctcr.in/rt-pcr-course/>

**Centre for Translational Cancer Research (CTCR)**  
A Joint Initiative by  
Indian Institute of Science Education and Research (IISER) Pune  
&  
Prashanti Cancer Care Mission (PCCM)

**Research & Training Program for Clinicians and Residents (RT-PCR)**  
An Initiative by  
Centre for Translational Cancer Research (CTCR)

The Research Training Program for Clinicians and Residents by CTCR-PCCM is uniquely designed to encourage clinicians to integrate scientific research in their clinical practice and understand the process of scientific enquiry. The fourth section, on Good Data Practices, of the first module continued in June 2023

**Centre for Translational Cancer Research**  
A Joint Initiative by IISER-Pune and PCCM

**RESEARCH TRAINING PROGRAM FOR CLINICIANS AND RESIDENTS (RT-PCR)**

**Lecture: XII**  
**Translating Genomics to Therapeutics**  
**By Pratik Chandrani**

**Hallmarks of Cancer and Therapeutic Targets**

Alina Hanley, Towards Data Science  
Hanahan D & Weinberg RA, Cell (2011)



**Awareness talk followed by Clinical Breast Examination Camp was conducted at SofTech Engineers Limited, Baner Pune.**

Clinical Breast Examination Camp was conducted at SofTech Engineers Limited, Baner Pune. Ms. Smeeta Nare presented an awareness talk which was followed by CBE for around 45 employees of the company.





## PCCM Food Bank conducted a drive with support from Pushpa and Rakhi Hedge for wheat for unaffording patients and families

PCCM Food Bank conducted a drive with support from Pushpa and Rakhi Hedge for wheat for unaffording patients and families





**Freeships/ Major Concession for Diagnostics, Surgery, Chemotherapy, Onco- Pharmacy, Clinical Procedures and Consultations at Orchids Breast Health in April 2023**



**Mammography:**  
93 patients received  
free / concessional  
mammography



130 patients received  
free / concessional  
sonography



**Biopsy**  
15 patients received  
free and concessional  
biopsy



**Freeships/ Major Concession for Diagnostics, Surgery, Chemotherapy, Onco- Pharmacy, Clinical Procedures and Consultations at Orchids Breast Health in April 2023**



**Surgery:**  
21 patients received  
freeship/major  
concessions on breast  
surgery



**Chemotherapy /Day Care**  
30 patients received free  
chemotherapy and 87  
patients received major  
concessions at our day care  
centre for chemotherapy



**Onco-Pharmacy**  
230 patients received  
free /concessional  
medicines from our  
onco-pharmacy



# Free Counselling Services at Orchids Breast Health



## Onco - Psychology Counselling

Free Psychological Counselling services for our Breast Cancer Patients and their Caregivers. We have certified psychologists who work with you in easing your stress

Orchids Clinic - Your Affordable, High-Quality Breast Health Care

### Psychological Counselling For Breast Cancer Patients

- Overcome Stress and Shock
- Psycho-social adjustment
- Care and Support for the Caregivers
- Stress management
- Deal with health-related anxiety
- Helping underlying psychological issues
- Psychotherapies

At the Orchids Breast Health we encourage our Breast Cancer Patients and their family members to undergo psychological counselling for emotional wellness during cancer treatment


### BOOK YOUR APPOINTMENT NOW

(Offered both online (via Zoom) and/or in-person)

**Visit us at**  
12 Kapilvastu, Senapati  
Bapat Road, Pune,  
Maharashtra-411016



**Onco-Psychology  
Counselling**  
100 patients have  
received free  
psychological counselling  
to make them stronger  
during this tough time



## Onco - Genetic Counselling

Free Genetic Counselling services for our Breast Cancer Patients

At the Orchids Breast Health Clinic, we have BCGI certified genetic counselors for some of our patients who might need genetic testing

### Breast Cancer Genetic Counselling

To whom is genetic counselling offered?  
(According to NCCN guidelines)


- Diagnosed at <math>\leq 45</math> yrs
- Family History of Cancer
- Recurrence
- TNBC
- Personal history of other cancer

What can you expect in a Genetic counselling ?

- Pedigree charting (Family History)
- Risk assessment
- Genetic testing options
- Genetic reports interpretation
- Prevention and Management options

Counselling offered on all days online (via Zoom) and/or in-person (Thursdays from 4 to 6pm)

**Visit us at**  
12 Kapilvastu, Senapati  
Bapat Road, Pune,  
Maharashtra-411016



Dr. Koppiker | Breast Cancer Doctor in Pune | Orchids Breast Health (orchidshhealth.in)  
& 020-2565610, 25650269, 9850840248 vcanshare@gmail.com reports@prashantcancer.org

**Onco-Genetic  
Counselling**  
120 patients have  
received free genetic  
counselling services so  
far



## Onco - Nutrition Clinic

Free Nutrition Counselling services for our Breast Cancer Patients

Orchids Clinic - Your Affordable, High-Quality Breast Health Care

### Nutrition Counselling

- Diet during Chemo and Radiotherapy
- Personalized Charts
- Improved tolerance of treatment.
- Decreased fatigue.
- Hydration Counselling
- Improved healing and recovery.

At the Orchids Breast Health Nutrition Clinic we make you aware of the power of good nutrition and help you make your breast cancer treatment easier

### BOOK YOUR APPOINTMENT NOW

(Offered both online (via Zoom) and/or in-person)

**Visit us at**  
12 Kapilvastu, Senapati  
Bapat Road, Pune,  
Maharashtra-411016



Dr. Koppiker | Breast Cancer Doctor in Pune | Orchids Breast Health (orchidshhealth.in)  
& 020-2565610, 25650269, 9850840248 vcanshare@gmail.com reports@prashantcancer.org

**Nutrition  
Counselling**  
144 patients received  
free nutrition  
counselling to fight  
cancer treatment  
better



## Testimonials of a few patients who were adopted for Freeship in April 2023

### Harshala Dandavate

I am Harshala Dandavate from Magarpatta, city Pune. After self examination diagnosed with breast cancer. First suggestion from my doctor friend was Dr. Koppiker only. After Consultation and treatment doctor advised for initial chemo before surgery. Under doctor guidance and treatment surgery was done successfully. Thanks to all the team members of Orchids/ Prashanti Cancer Care. After surgery, again 12 cycles of chemo started at the centre. At this centre, relatively I found it very easy and fast to process the bills since billing is done at the same place which is good compared to bigger hospitals.

Centre is located at the prime location with very good supportive staff and ready to help. I thank all the team members and Dr. Chetan Deshmukh and Dr. Koppiker for their treatment and knowledge and practice.

I encourage other female cancer survivors to visit this centre for any consultation and treatment.



### Meenakshi Kadam

Thanks to all the staff and doctors

- 1) All chemotherapy schedules done without any difficulties.
- 2) Patient has been treated as family member.
- 3) We feel at orchids team as family member.
- 4) Special thanks to Mr. George., Smita sister for kind support during treatment.
- 4) Medicines and Front desk staff – Priyanka and Vandana help us lot.
- 6) Thanks to Dr. Chug for referring us to Orchids and Dr. Koppiker and Dr. Chetan Deshmukh



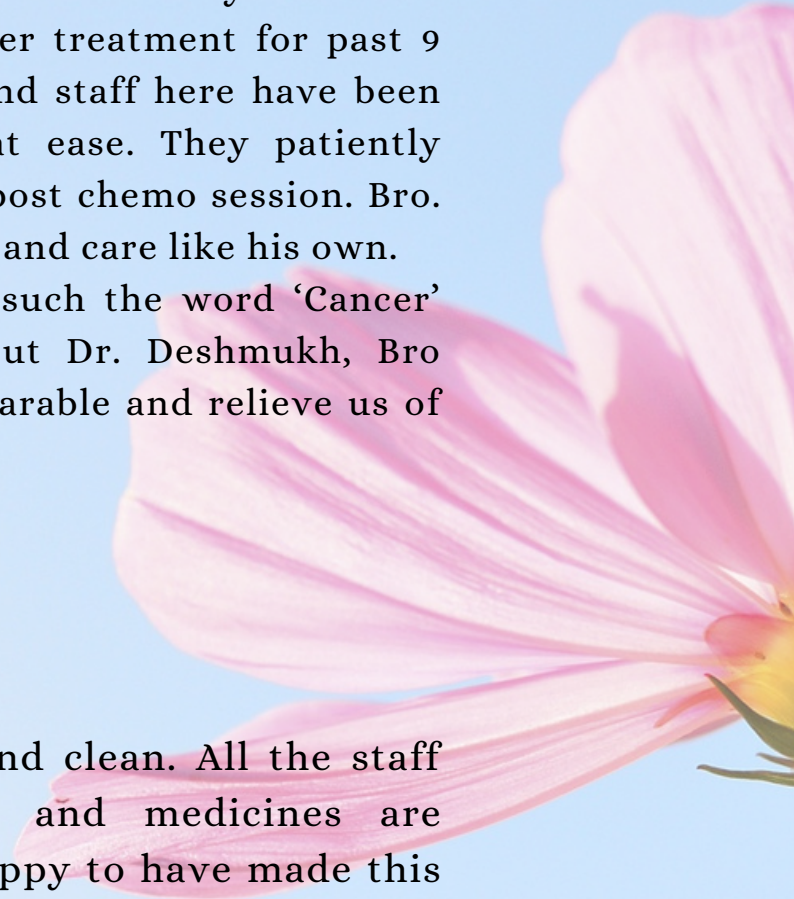
**Testimonials of a few patients who were adopted for  
Freeship in April 2023**

**Gomathy Shankaraiyer**

My name is Jaya Ramesh and my mom Gomathy has been coming to Orchids for her breast cancer treatment for past 9 weeks. Right from Day1, the doctors and staff here have been extremely helpful to put her mind at ease. They patiently explain the treatment, what to expect post chemo session. Bro. George handles my mom with such love and care like his own. The place is nice, clean and quiet. As such the word 'Cancer' brings with it lot of uncertainties, but Dr. Deshmukh, Bro George and rest of the staff make it bearable and relieve us of our worries.

**Savita Sood**

Day care is well maintained, neat and clean. All the staff right from front desk, day care and medicines are cooperating in all aspects. We are happy to have made this decision of taking chemotherapy here.





## **PCCM appeals for support and donations to help save breast cancer patients**

We are ever grateful for your generosity and donations over the years that have helped save the lives of over 1000 young girls & women annually.

Many of them are alive with their families & loved one because of your generosity and big heart. Last year, because of your contributions we have been able to successfully treat over 3000 unaffording women with breast cancer through full freeships and major concessions in surgery, chemotherapy, radiation, free biopsies, diagnostics and much more, enabling them through the bewildering maze of challenges the disease brings through its wake & hand holding them to lead a normal life after cancer.

This year the unprecedented COVID-19 pandemic has presented challenges to the cancer patients and their families. Prashanti Cancer Care Mission has made every effort that no unaffording patient seeking our help is turned away.

This pandemic period has posed a huge challenge to needy patients, their care givers and Prashanti. We are striving to be able to take care of each and every woman coming for freeships and treatments.

We are now appealing to you for your support and generous donations, to help these young women battling with breast cancer to be able to get free treatment from us, so that no patient is turned away without help.

Every small amount from you would help save the lives of these women and allow them to live a healthy life with their loved ones.

Following are the details through which you can donate to Prashanti You may donate via either of the two options:

- a. Through the donation page on the website:  
<https://www.prashanticancercare.org/donations.php>  
or
- b. Send us a cheque in favour of “Prashanti Cancer Care Mission” Address: 1,2 Kapilvastu, Senapati Bapat Road, Pune, Maharashtra 411016

Please mail your Full Name, PAN Card copy, Mobile Number and Address proof to [accounts@prashanticancercare.org](mailto:accounts@prashanticancercare.org) so as to enable us to courier or email to you the 80G tax exemption certificate and donation receipt.

Every donation will receive a Receipt, benefit of Tax Deduction under 80G of IT Act 1961 and a Thank you Letter within a week or two.

For any queries, please feel free to contact me personally on 9850251000.

A big thank you once again for all the support over the years. Without your help, it would be impossible to do what we do. God Bless and wishing you and your family a blessed life.



**We would like to thank our  
Donors & Supporters  
for their unconditional support over the years**

**Warm Regards, Ms. Laleh Busheri CEO  
Prashanti Cancer Care mission  
Visit us at : [www.prashanticancercare.org](http://www.prashanticancercare.org) /  
[www.orchidsbreasthealth.com](http://www.orchidsbreasthealth.com)  
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